

KARLOVY VARY. WELLNESS PROGRAMS



Important Notices:

- ✦ Rates are upon request and will be submitted at the date and time of booking.
- ✦ Spa & Wellness Packages can be tailor-made according to Type of Program e.g. Detox, Anti-Stress, Slimming, Diabetic, Reconditioning, Treatments and other.
- ✦ The spa destination list is not exhaustive, i.e. from Karlovy Vary to Goa...
- ✦ The Program Duration is Personalized according to the requested treatments.
- ✦ Will be happy to quote, just drop us an email.

PRAGUE & KARLOVY VARY WELLNESS upon request



Karlovy Vary, the wellness nucleus par excellence, offers the Essentials: a feast for the eyes, senses and myriad fragrant masks and thermal baths. All designed to rejuvenate Body, Mind and Spirit.

Package is quoted per **Person** in Euro and includes:

- ✈ 04-Night accommodation at the 5-star **INTERCONTINENTAL** in Prague on BB basis.
- ✈ 03-Night accommodation at the 5-star **GRAND HOTEL PUPP** in Karlovy Vary on BB basis.
- ✈ **2-Day Wellness Package** (in a Comfort Room).
- 🚗 Half Day Grand City tour of Prague.
- 🚗 All Transfers Prague Airport / Karlovy Vary / Prague Hotel / airport by Private Car
- 🚫 Package excludes Airline Ticket.

SLIMMING PACKAGE upon request

Package is quoted in EUR per person and includes:

- ✈ 14 nights in Double/Single room
- 🍽 Full board - slimming diet
- Basic Medical Examination
- Laboratory test
- 10 x physical training
- 6 x lymphatic drainage (Lymfoven)
- 4 x underwater massage
- 4 x classical partial massage
- 4 x hydro-jet
- Drinking cure, Medical report, Swimming pool and Sauna (Swimming pool centre free of charge: pool, Whirlpool)
- 🚫 Package excludes Airline Ticket

DIABETIC PACKAGE upon request

Package is quoted in EUR per person and includes:

- ✈️ 10 nights in Double/Single room
- 🍽️ Full board - dietary regimen
 - Basic Medical examination
 - Laboratory test: special price 8 € surcharge
 - 3 x pearl or CO2 bath
 - 2 x hydroxneur
 - 3 x physical gymnastic in group
 - 3 x pneumopuncture
 - 3 x classical massage
 - 3 x dry carbonated bath
 - Drinking cure
 - Medical report
 - Swimming pool centre free of charge: Swimming pool, Whirlpool, Kneipp's Walkway, Steam Sauna (unisex), Pool with mineral spring water (warm with mineral spring water & cold without mineral spring water)
- 🚫 Package excludes Airline Ticket

ANTI-STRESS PACKAGE upon request



Cast away vestiges of Stress. Treat yourself to a soothing break with Massages that revitalize your Body, Mind and Spirit.

Package is quoted in EUR per person and includes:

- ✈️ 7 nights in Double/Single room
- 🍽️ Full board - special dietary regimen on request
 - Basic Medical Examination
 - 2 x Aromatherapy partial massage
 - 2 x Pearl or herbal bath
 - 3 x Physical training in group
 - 3 x Oxygen-therapy
 - 2 x underwater massage
 - Drinking cure
 - Medical report
 - Swimming pool and Sauna
- 🚫 Package excludes Airline Ticket

RECONDITIONING PACKAGE upon request



A blend of medical tests, gymnastic, massage and innovative "Cuisine minceur", all concocted to restore Harmony and Balance

Package is quoted in EUR per person and includes:

- ✈️ **7 nights** in Double/Single room
- 🍽️ **Full board** - dietary regimen
- Basic Medical examination
- 2 x therapeutic gymnastic in group
- 2 x water gymnastic
- 3 x classical partial massage
- 3 x mineral bath
- 3 x mud or paraffin pack
- Drinking cure
- Medical report
- Swimming pool and Sauna
- 🚫 Package excludes Airline Ticket

FACTS TO KNOW!

The largest and hottest spring in Karlovy Vary rises to the surface up to 12 m, discharging 2.000 liters of hot water and 5.000 liters of carbon dioxide from the underground every minute. Water can be caught in a special cup and drunk either warm (72°C) or cooled.

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